



CooperRiis is a:

- Mental Health recovery program centered within a rural, residential, therapeutic community on a 'healing farm' in the foothills of the Blue Ridge Mountains southeast of Asheville, NC which opened in 2003. **Announcement:** CooperRiis is complementing its rural campus with an urban-based therapeutic community opening in early 2009 near the University of NC in Asheville.
- Multi-level program serving up to 80 residents and over 20 community clients, beginning with its two campuses and extending into local community residences and supportive housing with staff support. Our commitment is to facilitate residents' achievement of their dreams for happier and more meaningful lives and for greater independence.
- Staff of about 90 (in 2009), all of whom have been chosen for their kindness, for their ability to believe in and have hope for our residents, and for their mental health expertise and ability to find and appreciate the assets of vulnerable people.
- 501(c)(3) not-for-profit organization built entirely by philanthropy gathered from hundreds of donors under the leadership and inspiration of Don and Lisbeth Cooper, a couple that took action rather than giving into despair when faced by the mental illness of a family member.
www.cooperriis.org/overview/founding.html

Philosophy and Conceptual Models: Our program is based on the modern concepts of enhanced mental health recovery, combined with being a therapeutic community where staff and residents live and work together as a functioning community. CooperRiis strives to help its residents achieve optimal health through nutrition, dietary supplementation, and exercise and has added elements of modern psychiatry, psychology, substance abuse counseling, social work, complementary modalities and life skills and employment training. CooperRiis endorses person-centered planning for each resident and encourages the resident's family to be involved in their family member's recovery process. Outcomes and results are calculated across the Seven Domains® of life.
www.cooperriis.org/forms/recoverypgm.pdf

Characteristics of Residents: CooperRiis accommodates residents who are 18 years of age or above and who are willing and stable enough to participate in the program. Residents range from young and unemployed to doctors, dentists and lawyers. Typical diagnoses include schizophrenia or schizo-affective, bipolar, major depression or anxiety disorders. Some residents experience borderline personality disorder, and some may suffer secondarily from substance abuse and addiction. Application Forms: www.cooperriis.org/forms/index.html

Programs extending beyond the main campuses: After an average initial stay of 6-9 months, about 50% of residents also make use of the CooperRiis Community Programs, which provide access to longer-term, supportive housing and support to help residents attain and sustain educational and employment opportunities.

Costs and Scholarships: CooperRiis' initial service fee of \$9800 per month is paid by the resident and his or her family with scholarship support available after the 2nd month of residency, for those who qualify. We offer up to 6 months of scholarship (rate reduction) in our core programs with additional scholarships available, if needed, in our community programs. Rates are based on the resident's family's ability to pay. The Community Programs have lower costs at each level as the resident moves toward greater independence.

Virgil Stucker, Executive Director Virgil@cooperriis.org or (828)899-4673

Marlena Warren, Admissions Manager Marlena.warren@cooperriis.org
(800)957-5155, x 209 or Fax (828)894-7111
101 Healing Farm Lane, Mill Spring, NC 28756
www.CooperRiis.org